

## **1:1 fortified syrup recipe:**

**About 3 gallons of hot tap water**

**12.5 # C&H sugar**

**1/4 tsp electrolytes with vitamins**

**1/2 tsp citric or ascorbic acid..**

**About 2 tablespoons cider vinegar. (Small splash)**

**Mix well until clear. Mixture will be slightly yellow from the vinegar color.**

**I use the same whether it is 1:1 or 3:1 ratio**

**3 parts sugar to one part water**

**Try to make sure your sugar is NOT BEET sugar but CANE...so far, it is not GMO**